

# 2nd Session (1/21 - 6/13) (January 2019)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	<p><b>Glencoe Cafe</b>            EAT CLEAN</p> <ul style="list-style-type: none"> <li>• LUNCH PLATE ROAST CHICKEN DRUMSTICKS WITH RICE served with Steamed Veggie &amp; Fresh Fruit              Marlas Brown</li> <li>• Bag Lunch FRENCH TOAST served with Turkey Bacon, Yogurt &amp; Fresh Fruit              Marlas Brown</li> <li>• Bag Lunch CHEESE QUESADILLA served with Tortilla Chips, Salsa, Yogurt &amp; Fresh Fruit              Marlas Brown</li> <li>• Bag Lunch BAKED CHICKEN TENDERS served with Yogurt &amp; Fresh Fruit              Marlas Brown</li> <li>• Bag Lunch CHICKEN NOODLE SOUP served with Fresh Baked Roll, Yogurt &amp; Fresh Fruit</li> </ul>	<p><b>Glencoe Cafe</b></p> <ul style="list-style-type: none"> <li>• Little Red Hen 1/4 LB. GRILLED BURGER served with Pretzels &amp; Seasonal Fruit</li> <li>• Little Red Hen HOT DOG served with Pretzels &amp; Seasonal Fruit</li> <li>• Little Red Hen PIZZA SLICE served with Pretzels &amp; Seasonal Fruit</li> <li>• Little Red Hen CHICKEN TENDERS served with Pretzels &amp; Seasonal Fruit</li> <li>• Little Red Hen BLT SANDWICH served with Pretzels &amp; Seasonal Fruit</li> <li>• Little Red Hen GRILLED CHEESE served with Pretzels &amp; Seasonal Fruit</li> <li>• Little Red Hen BAKED POTATO - GF served with Steamed Veggies &amp; Seasonal Fruit</li> <li>• Little Red Hen CHOPPED SALAD served with Pretzels &amp; Seasonal Fruit</li> </ul>	<p><b>Glencoe Cafe</b></p> <ul style="list-style-type: none"> <li>• City BBQ CHICKEN TENDERS served with Mac and Cheese &amp; Pickles</li> <li>• City BBQ GARDEN SALAD served with Mac and Cheese &amp; Pickles</li> <li>• City BBQ MAC &amp; CHEESE served with Cornbread &amp; Pickles</li> <li>• City BBQ PULLED BRISKET SANDWICH served with Mac and Cheese &amp; Pickles</li> <li>• City BBQ PULLED CHICKEN SANDWICH served with Mac and Cheese &amp; Pickles</li> <li>• City BBQ PULLED PORK SANDWICH served with Mac and Cheese &amp; Pickles</li> </ul>

- Marlas Brown
  - Bag Lunch BAGEL & CREAM CHEESE served with sliced Cuc's, Chips, Yogurt & Fresh Fruit
- Marlas Brown
  - Bag Lunch ORGANIC TOMATO SOUP & GRILLED CHEESE served with Yogurt & Fresh Fruit
- Marlas Brown
  - Bag Lunch CHICKEN TACOS W/CHEESE served with Tortilla Chips, Yogurt & Fresh Fruit
- Marlas Brown
  - Bag Lunch PIZZA BAGEL served with Baked Chips, Yogurt & Fresh Fruit
- Marlas Brown
  - Bag Lunch **Marlas Signature Staff Special** BBQ CHICKEN SALAD

#### Marlas Bento Bar

- Marlas Brown
  - Bag Lunch SUNBUTTER & JELLY BENTO BOX
- Marlas Brown
  - Bag Lunch TURKEY SANDWICH LUNCH BOX

#### A La Carte

- BAKED CHIPS
- CARROTS & HUMMUS CUP

#### Sweet Treats

- Marlas
  - Smoothie Bar BANANAS 4 U SMOOTHIE
- Marlas
  - Smoothie Bar BERRY GOOD SMOOTHIE

#### Marlas Bento Bar

- Ok! Sushi by
  - Marianos AVOCADO ROLL
- Ok! Sushi by
  - Marianos CALIFORNIA ROLL
- Ok! Sushi by
  - Marianos CUCUMBER ROLL
- Ok! Sushi by
  - Marianos VEGGIE ROLL

#### A La Carte

- Little Red Hen CAKE BATTER COOKIE

#### Marlas Bento Bar

- Marlas Brown
  - Bag Lunch BAGEL & CREAM CHEESE served with Chips, Fresh Fruit, & Sweet Treat
- Marlas Brown
  - Bag Lunch ORGANIC EGG & CHEESE PROTEIN BOX
- Marlas Brown
  - Bag Lunch ORGANIC YOGURT & FRUIT PARFAIT
- Marlas Brown
  - Bag Lunch TURKEY SANDWICH LUNCH BOX

#### Sweet Treats

- Love's Yogurt MANGO SORBET
- Loves Yogurt OREO DELIGHT FROZEN YOGURT
- Loves Yogurt SWIRL FROZEN YOGURT
- Loves Yogurt VANILLA FROZEN YOGURT

		<p>Marlas</p> <ul style="list-style-type: none"> <li>Smoothie Bar THE POPEYE SMOOTHIE</li> </ul>	
<p>28</p> <p><b>Glencoe Cafe</b></p> <ul style="list-style-type: none"> <li>Corner Bakery BUTTERMILK PANCAKES served with Bacon &amp; Fresh Fruit</li> <li>Corner Bakery MAC &amp; CHEESE served with Focaccia Bread &amp; Fresh Fruit</li> <li>Corner Bakery CHICKEN NOODLE SOUP served with Focaccia Bread &amp; Fresh Fruit</li> <li>Corner Bakery BROCCOLI CHEDDAR SOUP served with Focaccia Bread &amp; Fresh Fruit</li> <li>Corner Bakery HAM &amp; CHEESE SANDWICH served with Chips, Pickle &amp; Fresh Fruit</li> <li>Corner Bakery TURKEY &amp; CHEESE SANDWICH served with Chips, Pickle &amp; Fresh Fruit</li> <li>Corner Bakery GRILLED CHEESE served with Chips, Pickle &amp; Fresh Fruit</li> <li>Corner Bakery CHICKEN CAESAR SALAD served with Focaccia Bread &amp; Fresh Fruit</li> <li>Corner Bakery GLUTEN FREE TURKEY &amp; CHEESE WRAP served with Chips, Pickle &amp; Fresh Fruit</li> </ul> <p><b>Marlas Bento Bar</b></p>	<p>29</p> <p><b>Glencoe Cafe</b></p> <ul style="list-style-type: none"> <li>Bake Homemade</li> <li>Pizza CHEESE PIZZA served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> <li>Bake Homemade</li> <li>Pizza PEPPERONI PIZZA served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> <li>Bake Homemade</li> <li>Pizza GLUTEN FREE CHEESE PIZZA served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> <li>Bake Homemade</li> <li>Pizza CHICKEN CAESAR SALAD served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> <li>Bake Homemade</li> <li>Pizza COBB SALAD served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> <li>Bake Homemade</li> <li>Pizza FARMSTAND SALAD served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> <li>Bake Homemade</li> <li>Pizza PASTA BUTTER served with Veggie Sticks, Ranch &amp; Fresh Seasonal Fruit</li> </ul>	<p>30</p> <p><b>Glencoe Cafe</b></p> <p>EAT CLEAN</p> <ul style="list-style-type: none"> <li>LUNCH PLATE ROAST CHICKEN DRUMSTICKS WITH RICE Steamed Veggie &amp; Fresh Fruit</li> <li>Marlas Brown Bag Lunch FRENCH TOAST served with Turkey Bacon, Yogurt &amp; Fresh Fruit</li> <li>Marlas Brown Bag Lunch CHEESE QUESADILLA served with Tortilla Chips, Salsa, Yogurt &amp; Fresh Fruit</li> <li>Marlas Brown Bag Lunch BAKED CHICKEN TENDERS served with Yogurt &amp; Fresh Fruit</li> <li>Marlas Brown Bag Lunch CHICKEN NOODLE SOUP served with Fresh Baked Roll, Yogurt &amp; Fresh Fruit</li> <li>Marlas Brown Bag Lunch BAGEL &amp; CREAM CHEESE served with sliced Cuc's, Chips, Yogurt &amp; Fresh Fruit</li> <li>Marlas Brown Bag Lunch ORGANIC TOMATO SOUP &amp; GRILLED CHEESE served with Yogurt &amp; Fresh Fruit</li> </ul>	<p>31</p> <p><b>Glencoe Cafe</b></p> <ul style="list-style-type: none"> <li>Little Red Hen 1/4 LB. GRILLED BURGER served with Pretzels &amp; Seasonal Fruit</li> <li>Little Red Hen HOT DOG served with Pretzels &amp; Seasonal Fruit</li> <li>Little Red Hen PIZZA SLICE served with Pretzels &amp; Seasonal Fruit</li> <li>Little Red Hen CHICKEN TENDERS served with Pretzels &amp; Seasonal Fruit</li> <li>Little Red Hen BLT SANDWICH served with Pretzels &amp; Seasonal Fruit</li> <li>Little Red Hen GRILLED CHEESE served with Pretzels &amp; Seasonal Fruit</li> <li>Little Red Hen BAKED POTATO - GF served with Steamed Veggies &amp; Seasonal Fruit</li> <li>Little Red Hen CHOPPED SALAD served with Pretzels &amp; Seasonal Fruit</li> </ul> <p><b>Marlas Bento Bar</b></p> <ul style="list-style-type: none"> <li>Oki Sushi by Marianos AVOCADO ROLL</li> <li>Oki Sushi by Marianos CALIFORNIA ROLL</li> <li>Oki Sushi by Marianos CUCUMBER ROLL</li> <li>Oki Sushi by Marianos VEGGIE ROLL</li> </ul>

- Marlas Brown
- Bag Lunch  
BAGEL and  
CREAM  
CHEESE BENTO  
BOX
- Marlas Brown
- Bag Lunch  
AVOCADO  
TOAST BENTO  
BOX
- Marlas Brown
- Bag Lunch  
FRUIT &  
CHEESE BENTO  
BOX
- Marlas Brown
- Bag Lunch  
ORGANIC  
YOGURT &  
FRUIT PARFAIT

**A La Carte**

- Corner Bakery  
MINI MONSTER  
COOKIE

- Bake  
Homemade
- Pizza  
PASTA W/  
MARINARA  
served with  
Veggie Sticks,  
Ranch & Fresh  
Seasonal Fruit

**A La Carte**

- CHOCOLATE  
CHIP COOKIE

- Marlas Brown
- Bag Lunch  
CHICKEN  
TACOS  
W/CHEESE  
served with  
Tortilla Chips,  
Yogurt & Fresh  
Fruit
- Marlas Brown
- Bag Lunch  
PIZZA BAGEL  
served with  
Baked Chips,  
Yogurt & Fresh  
Fruit
- Marlas Brown
- Bag Lunch  
Marlas  
Signature Staff  
Special BBQ  
CHICKEN  
SALAD

**Marlas Bento Bar**

- Marlas Brown
- Bag Lunch  
SUNBUTTER &  
JELLY BENTO  
BOX
- Marlas Brown
- Bag Lunch  
TURKEY  
SANDWICH  
LUNCH BOX

**A La Carte**

- BAKED CHIPS
- CARROTS &  
HUMMUS CUP

**Sweet Treats**

- Marlas
- Smoothie Bar  
BANANAS 4 U  
SMOOTHIE
- Marlas
- Smoothie Bar  
BERRY GOOD  
SMOOTHIE
- Marlas
- Smoothie Bar  
THE POPEYE  
SMOOTHIE

**A La Carte**

- Little Red Hen  
CAKE BATTER  
COOKIE